

Fungal infection in blood culture negative neonates, in NICU

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Abstract:

Candida has become an increasingly important in neonates hospitalized in neonatal intensive care units (NICUs). *Candida* species are recognized as leading pathogens in the neonatal intensive care unit (NICU) for infections occurring after the third day of life. This was a prospective study included 79 out of 1742 (4.5%) Septicemic neonates admitted to Neonatal Intensive Care Unit - Cairo university specialized pediatric hospital (CUSPH), during the period from August 2009 to August 2010 and having an evidence of sepsis. In this approach we performed amplification of a sequence of *Candida* most commonly involved in human infection, by employing universal fungal primers, followed by species specific primer for *C. albicans* being the most clinically important species, and we compared our method with the conventional diagnostic and identification methods for early detection of candidemia. They participant were broadly divided into two groups.

(i) Candidemic patients (n = 73): They had at least two positive *Candida* blood cultures. (ii) Patients with suspected candidemia, (n = 6); they were admitted to the neonatal intensive care unit for more than 1 week, all patients of this group were tested two to three times by blood culture and were always negative, they were treated with broad spectrum antibiotics for a minimum of 1 week and developed fever in spite of prolonged antibiotic therapy suggesting *Candida* infection.

In addition, 10 apparently healthy individuals with no complaints of *Candida* infection were included as controls.

The comparative results of blood culture and the PCR for the detection of *Candida* spp. showed that among the 79 blood broth specimens; 73 cases (92%) were blood culture positive for *Candida*, while 75 (95%) were positive by PCR using blood broth specimens, with two more cases positive for *Candida* despite being repeatedly culture negative. Among 79 blood broth specimens, 9 cases (11%) were positive by Germ-tube test versus 43 cases (54%) positive by PCR for *C. albicans*.

Among 27 whole EDTA blood specimens 6 cases (22%) were positive by Germ-tube test versus 19 cases (70%) were positive by PCR using *C. albicans* specific primers. Amplification of the product of the PCR with species-specific primers corresponding to the ITS2 sequences from

C. albicans resulted in specific amplification of single DNA products of the expected sizes.

Key words: NICU, Vertical transmission, *Candida*, Antifungal, PCR, candidemia, EDTA-blood specimens

Introduction:

Bloodstream infections are major causes of morbidity and mortality and represent the eighth leading cause of infant death [1]. Candidemia is the second most common nosocomial bloodstream infection in very low weight neonates and children [2, 3]. Mortality rates associated with candidemia remain significant despite use of advanced therapeutic approaches [3]. Although most data collected are from adults, available evidence indicates that *Candida* species cause a high proportion of bloodstream infections among children, especially neonate because of their immature immune system and the invasive supportive care they require [*Candida* species colonize up to 60% of low-birth-weight neonates during their first month in the neonatal intensive care unit (NICU)]. Exposure of newborns to fungi

is a complex problem and results from both horizontal and vertical transmission. Prolonged use of broad spectrum antibiotics was strongly associated with candidemia. [5&6]. Bloodstream infections due to *Candida* have risen to become the fourth-most-frequent cause of septicemia, with an attributable mortality rate of about 50% despite the availability of antifungal therapy. [7]

To reduce mortality rates for patients with invasive candidiasis, early initiation of antifungal drug therapy is critical. However, diagnosis remains difficult, since the only sign of infection may be a prolonged fever that is refractory to antibacterial treatment. [8]. In absence of pathognomonic signs or symptoms of systemic candidiasis, the diagnosis is based on isolation of *Candida* species from blood cultures or tissue

biopsy specimens. Blood culture remains the accepted 'gold standard' method for diagnosis of candidiasis. However, in some settings, culture can fail to detect *Candida* spp. in more than 50% of patients with chronic disseminated candidiasis especially in early stages of the disease. [7]. moreover it is time consuming and often labor intensive even with an optimal blood culture system and since it has been shown that the prognosis is better when treatment is started early, it is usually recommended that antifungal therapy be started as soon as a strong suspicion of systemic candidiasis exists. On the other hand, such empiric antifungal therapy may be unnecessarily toxic and costly, and it may increase the selective pressure towards more-resistant *Candida* species [8]. Thus, efforts have been made to develop more- rapid, sensitive, and specific test to aid in the diagnosis of the disseminated yeast infection. The limitations of classical diagnostic methods for invasive fungal infections (IFIs) have led to considerable progress in non-culture diagnostics, particularly in genomic amplification methods. [9]. DNA-based diagnostic tests not only are sensitive and specific but also have the potential to decrease the time taken for the laboratory identification of pathogens that are slowly growing or difficult to culture. Such tests may detect nonviable and nonculturable cells as well as viable cells. The polymerase chain reaction offers an alternative approach for the specific and rapid detection of pathogenic yeast. Procedures suitable for identifying *Candida* directly from clinical specimens are now emerging. They are based on genomic amplification methods and seem to detect and identify a large number of related species of pathogenic yeast using distinct target DNA sequences [9]. A rapid identification of yeasts provides timely information for patient management, which allows effective and early antifungal therapy.

Patients And Method:

Subjects: This was a prospective study included 79 out of 1742 (4.5%) Septicemic neonates admitted to Neonatal Intensive Care Unit - Cairo university specialized pediatric hospital (CUSPH), during the period from August 2009 to August 2010 and having an evidence of sepsis. Our 79 participants were not improving on intra venous antibiotics for 7 days or more. They were broadly divided into two groups.

(i) Candidemic patients (n = 73): They had at least two positive *Candida* blood cultures. (ii) Patients with suspected candidemia, (n = 6). They were

admitted to the neonatal intensive care unit for more than 1 week. all patients of this group were tested two to three times by blood culture and were always negative, they were treated with broad spectrum antibiotics for a minimum of 1 week and developed fever in spite of prolonged antibiotic therapy suggesting *Candida* infection. In addition, 10 apparently healthy individuals with no complaints of *Candida* infection were included as controls.

Blood culture broth specimens were obtained from all 79 participants in addition to the 10 control subjects (Total: 89). Of these, 37 participants had a whole EDTA-blood specimen including the 10 controls, submitted for analysis simultaneously with the blood broth specimens.

The data relating to the whole-EDTA blood specimens were not included in the description of the original trial, as it was not principally intended to evaluate this specimen type. The present report compares PCR performance in whole-EDTA blood specimens from this subset of 37 participants with that in the paired blood broth specimens already reported as part of the original trial.

In the 37 paired specimens, 23 pairs of specimens were submitted from participants with Laboratory-proven candidemia, whilst 4 pairs were from participants categorized as patients with suspected candidemia and 10 pairs of controls. All specimens were kept frozen at -80 C until extracted.

Routine laboratory investigations included:

CBC, CRP, blood culture and antibiotic sensitivity, serum bilirubin, blood gases, urine analysis, and CSF analysis when indicated.

Microbiological investigations:

Blood cultures were obtained from peripheral veins by sterile technique, specimens were inoculated into BACTEC Peds Plus/F (Becton-Dickinson, Sparks, MD, USA) cultures bottles. All cultures were monitored using an automated culture system. Passages to blood agar and Sabouraud dextrose agar were performed. The isolated yeasts (*C. albicans* and non-*albicans* species) were presumptively identified as *C. albicans* using morphological criteria (germ tube and chlamydospore formation). Bottles flagged as positive whose contents were negative for any microbial pathogen by Gram stain

returned back to the BACTEC instrument for continued monitoring. Bottles that subsequently contained bacterial pathogens by culture were excluded from further evaluation. All bottles that didn't flag positive were subcultured on SDA agar and on sheep blood agar on 5th day of incubation at date of culture termination. The germ tube positive isolates were provisionally identified as *C.albicans* species, and then confirmed as *C.albicans* using conventional laboratory methods including subculture on differential rice agar and biochemical reaction including urea agar medium, sugar fermentation and sugar assimilation media. Blood culture bottles and whole EDTA blood samples of the isolates that were proved to be *candida albicans* either by germ tube or biochemical reactions and those that were identified as *Candida non- albicans* by any of the conventional methods, were kept at -80C for further confirmation using PCR assay.

Molecular technique:

Extraction of *Candida* DNA from both positive control and broth samples (*C. albicans* ATCC 2091 was supplied from department of Microbiology, faculty of veterinary medicine cairo university).

A modified QIAamp (QIAGEN, Hilden, Germany) DNA extraction protocol was used. A small amount of culture was taken from the culture plates and boiled for 10 min in 100 µl of freshly prepared 25 mM NaOH and 0.5% sodium dodecyl sulfate. After cooling and neutralization with 100 µl of 25 mM HCl, 200 µl of buffer AL (QIAamp kit) was added, and the suspension was boiled again for 10 min. Then, the QIAamp protocol was performed according to kit instructions.

DNA from the rat lung was prepared as described for clinical specimens. The amount of DNA was quantitated spectro-photometrically sambrook, and the DNA was stored in aliquots at -20°C.

Extraction from broth samples; were centrifuged at 3000 rpm for 10 min then the pellet were suspended and boiled for 10 min in 100 µl of freshly prepared 25 mM NaOH and 0.5% sodium dodecyl sulfate. After cooling and neutralization with 100 µl of 25 mM HCl, proceed as described in QIAamp kit.

Processing of blood samples for PCR:

Extraction of DNA from patient whole EDTA-blood:

DNA was extracted from 3 ml EDTA-treated whole blood according to the method published by

Loßler et al. (1997) as this method has been extensively used and described in the literature for extraction of fungal DNA from EDTA-treated blood. An extraction control was processed in parallel with each batch of samples.

Oligonucleotide primers and PCR.

The fungus-specific universal primers ITS1 (5' TCC GTA GGT GAA CCT GCG G CCT 3') and ITS4 (5' CCT CCG CTT ATT GAT ATG C 3'), were designed by Hendolin et al 2000 according to sequence published by White et al; 1990. They were used as outer primers to amplify the intergenic transcribed spacer regions. The fungal ITS region, comprising ITS1, the 5.8S rRNA gene, and ITS4, was amplified with previously described universal primers. ITS1-ITS4 sequences derived from GenBank with position accession number of 1769–1787 (M27607) and 820–838 (D89886) respectively with a product size of 848 bp. Specific inner primers were designed for *C. albicans*, on the basis of the ITS1–ITS4 sequences derived from GenBank (accession number of L47111)

PCR amplification:

A 50-µl reaction mixture contained x µl sample DNA, containing 1 µg of extracted DNA (either from EDTA blood or blood broth culture) and 100 ng of positive *C.albicans*. 25 picomol of each outer and inner primer, 2 µl of dntp mixture and 5 µl of 10X PCR Gibco BRL, Gaithersburg, Md, USA (10 mM Tris-HCl [pH 8.3 at 25°C], 50 mM KCl) supplied with 1.5 mM MgCl₂ (Gibco BRL, Gaithersburg, Md.), 2.5% dimethyl sulfoxide (Amersham Pharmacia Biotech, Uppsala, Sweden), and 2 U of AmpliTaq Gold DNA polymerase (2 U, Gibco BRL, Gaithersburg, Md). Reaction mixtures were prepared from prealiquoted reagents in a laminar-flow hood dedicated for PCR, using aerosol-resistant micropipette tips. Each PCR assay included a positive control containing 0.5 ng of purified DNA of one of the fungal isolates and at least two blanks with reagents only. Samples and controls were transferred to PTC200 thermal cycler (MJ research, USA). The reaction profile was as follows: 5 min of initial denaturation at 94°C, followed by 39 cycles of 96°C for 1 min, 55°C for 45 s and 72°C for 1 min and a 10-min final extension at 72°C. The PCR for specific amplification of *C.albicans* was performed under the same previously described conditions except for the annealing temperature which was specifically 66°C for *C.albican*.

Results

Study population;

Blood culture broth specimens were obtained from all 79 participants in addition to the 10 control subjects (Total: 89). Of these, 37 participants had a whole EDTA-blood specimen including the 10 controls, submitted for analysis simultaneously with the blood broth specimens.

Control cases for standardization of PCR;

All control cases (10 broth and 10 EDTA specimens) were negative for *C.albicans* by both culture and PCR techniques. They were clinical and laboratory normal persons).

Blood broth specimens

The comparative results of blood culture and the PCR for the detection of *candida* spp. showed that among the 79 blood broth specimens; 73 cases (92%) were blood culture positive for *candida*, while 75 (95%) were positive by PCR using blood broth specimens, with two more cases positive for *candida* despite being repeatedly culture negative. The incidence of *candida* among studied cases was 4.3%.

The PCR amplification of rDNAs using universal fungal primers (CTSF and CTSR) resulted in amplification of a single DNA fragment of the expected size (Fig. 1).

Whole blood EDTA specimens

Same 23 specimens which were blood culture positive were also positive by PCR using universal panfungal primers in whole blood EDTA specimens and in blood broth specimens.

The 4 cases (15%) that were negative by blood culture were also negative by PCR in whole EDTA blood specimens. (Table 2).

Comparison of Germ-tube test versus PCR for detection of *C.albicans*;

Among 79 blood broth specimens, 9 cases(11%) were positive by Germ-tube test versus 43 cases (54%) positive by PCR for *C.albicans*. Among 27 whole EDTA blood specimens 6cases(22%) were positive by Germ-tube test versus 19 cases (70%) were positive by PCR using *C.albicans* specific primers Table 3. Amplification of the product of the PCR with species-specific primers corresponding to the ITS2 sequences from *C.albicans* resulted in specific amplification of single DNA products of the expected sizes (Fig. 2).

Discussion:

Early detection of bloodstream infections (BSI) is crucial in the clinical setting. Blood culture remains the gold standard for diagnosing BSI. Molecular diagnostic tools can contribute to a more rapid diagnosis in septic patients[9]. Existing diagnostic methods using *Candida* blood culture, antigen, or antibody detection are lacking sensitivity and specificity. DNA based diagnostic tests not only are sensitive and specific but also have the potential to decrease the time taken for the laboratory identification of pathogens that are growing slowly or difficult to culture. Therefore, earlier detection and identification would facilitate a prompt and appropriate treatment to decrease the fulminant and rapidly fatal outcome of invasive candidiasis.[10]

This study assesses the clinical performance of PCR for detection of *Candida* DNA directly from EDTA-blood specimens, even with culture negative cases, and we compared our method with the conventional diagnostic and identification methods for early detection of candidemia.

According to our results the microbiological incidence of *candida* was 73 out of 1742 positive cases by conventional blood culture (4.2%) through one year. In other studies by Leibovitz 2012 the incidence of *candida* in blood culture was 12.2% in very low birth weight infants, the infection in these patients are associated by high onset of morbidity and mortality[11].

The diagnosis of candidemia continues to be a major challenge for clinicians because patients commonly present with nonspecific symptoms. This is especially true in very low birth weight neonates; 30% of all cases of neonatal systemic candidiasis are not diagnosed until autopsy[12]. The current methods for diagnosing candidemia rely on culturing yeasts from blood. There are problems inherent in using this method, because culture often requires blood volumes not easily obtained from a very low birth weight infant, and several days are needed before the organism is detected and identified. In fact, 40 to 60% of all blood cultures remain negative for *Candida* species, despite a widespread visceral infection of a fungal nature[13].

The comparative results of blood culture and the PCR for the detection of *candida* spp. showed that among the 79 blood broth specimens of clinical suspicious cases; 73 cases (92%) were blood culture positive for *candida*, while 75 (95%) were positive by PCR for

candida using blood broth specimens, resulting into two more cases positive for candida by PCR despite being repeatedly culture negative.

This result is agreed with several other studies where PCR has been confirmed to be more sensitive than conventional culture methods in the diagnosis of candidaemia .

It has been demonstrated that PCR can be performed either on whole-blood samples or on broth samples [14& 15]. However, the efficiencies of the same PCR assay applied simultaneously to broth or whole blood have might not be equivalent, since the DNAs of candida present in the two types of samples are probably different in origin. Indeed, only free template DNA should be detectable in broth samples, since fungal cells are eliminated by centrifugation without having been lysed to release intracellular DNA . By contrast, when whole-blood samples are used, both free DNA and intracellular DNA could be present when the sample is drawn from the patient. However, because of the presence in blood of PCR inhibitors, such as hemoglobin, a decontamination step, including lysis of blood cells and washing, is performed first. These steps probably eliminate free Candida DNA, leaving intracellular Candida DNA as the sole possible target for the PCR assay.. Thus, depending on the sample used, the origin of the detected DNA probably varies. In study by Tomer et al 2011 PCR positivity rates among patients with proven or probable invasive candidiasis(IC) were 85% (78 to 91%), while blood cultures were positive for 38% (29 to 46%)[16]. They conclude that direct PCR using blood samples had good sensitivity and specificity for the diagnosis of IC and offers an attractive method for early diagnosis of specific *Candida* spp. Its effects on clinical outcomes should be investigate[16].

Same 23 specimens which were blood culture positive were also positive by PCR using universal panfungal primers in whole blood EDTA specimens and in blood broth specimens. The 4 cases (15%) that were negative by blood culture were also negative by PCR in whole EDTA blood specimens, while 2 cases out of these 4 blood culture negative cases were candida positive by PCR in blood broth specimens.

In previously published clinical studies evaluating the sensitivity of PCR assays in the diagnosis of candidemia, where samples for PCR were drawn at the same time as blood cultures and were frozen, and only those yielding positive cultures were later assayed by PCR[17]. In one study, Garczewska 2002 the sensitivity of a *C. albicans*- and *C. glabrata*-specific nested PCR performed on whole blood was 90% (19 of 21 positive blood cultures tested) [18].

In another study by Maaroufi, 2003 in which a *C. albicans*-specific probe was used for the detection of Candida DNA amplified from whole blood, all samples tested were positive by PCR, but they all had Candida counts equal to or greater than 20 CFU/ml [19]. In another study by Bougnoux et al 1999, the only four false-negative PCR results on whole blood were from samples with Candida cell counts below 10 CFU/ml. In another study by Fredricks & Relman; 1998, they concluded that blood culture SPS in blood culture broth is a potent inhibitor of PCR , but it can be removed by benzyl alcohol extraction protocol which improves PCR performance . In accordance with our results Fujita et al, confirmed complete agreement between conventional diagnostic and PCR methods for identification of Candida.[20. *Candida albicans* were diagnosed in 9 samples from 79 blood broth samples by Germ tube test (11%), while there was 43 cases (54%) were detected by PCR specific primers for *C. albicans*.

Among 27 whole EDTA blood specimens, 6 cases (22%) were positive by Germ tube test versus 19 cases (70%) were positive by PCR using *C. albicans* specific. the germ-tube test is suitable if a laboratory aims only at separating the numerous isolates of *Candida albicans* from the less frequently occurring non-*albicans* yeasts. Other aspects must therefore be taken into account by laboratory personnel regarding the decision of whether a test is suitable for the given situation.

The germ-tube test is the cheapest test, but it is time consuming and laborious (100 yeast cells should be examined before the test is declared negative). Experience is needed for correct recognition of germ tubes.[21].

Table (1): Clinical samples:

Culture result Sample type	Candida Positive	Candida Negative	Controls	Total
EDTA - blood	23	4	10	37
Broth	73	6	10	89

Table 2: Comparison of blood culture versus pcr in both EDTA and broth samples.

Specimens	BACTEC culture	PCR	% Agreement
Blood broth specimens	73	75	97%
Whole EDTA blood specimens	23	23	100%

Table 3: Comparison of Germ tube test versus PCR for detection of C.albicans in both EDTA and broth samples.

Specimens	Germ-tube test	PCR	% Agreement
Blood broth specimens	9	43	20%
Whole EDTA blood specimens	6	19	31%

Table 4: Results of blood cultures versus pcr in broth samples and in EDTA blood samples.

Sample	Broth(89)		EDTA(37)	
	Cases (79)	Control (10)	Cases (27)	Control (10)
Culture results (positive)	73	-----	23	----
(Negative)	6	10	4	10
PCR results (panfungal) (positive)	75	0	23	0
(Negative)	4	10	4	10
C.albicans (Germ tube) Positive	9	---	6	---
Negative	64	10	17	10
C.albicans (PCR) Positive	43	--	19	---
Other fungal infection (Candida spp)	32	10	4	10

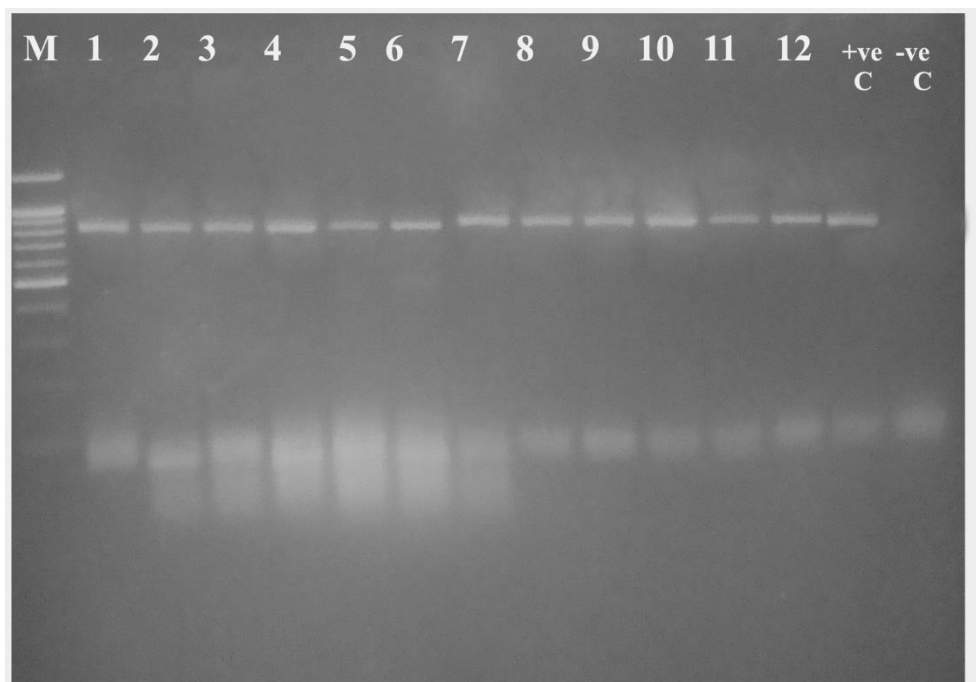


Fig.1; Lanes 1 to 12, PCR amplification using universal panfungal primer lane13; positive control, lane14; negative control; LaneM, 100 bp molecular size marker.

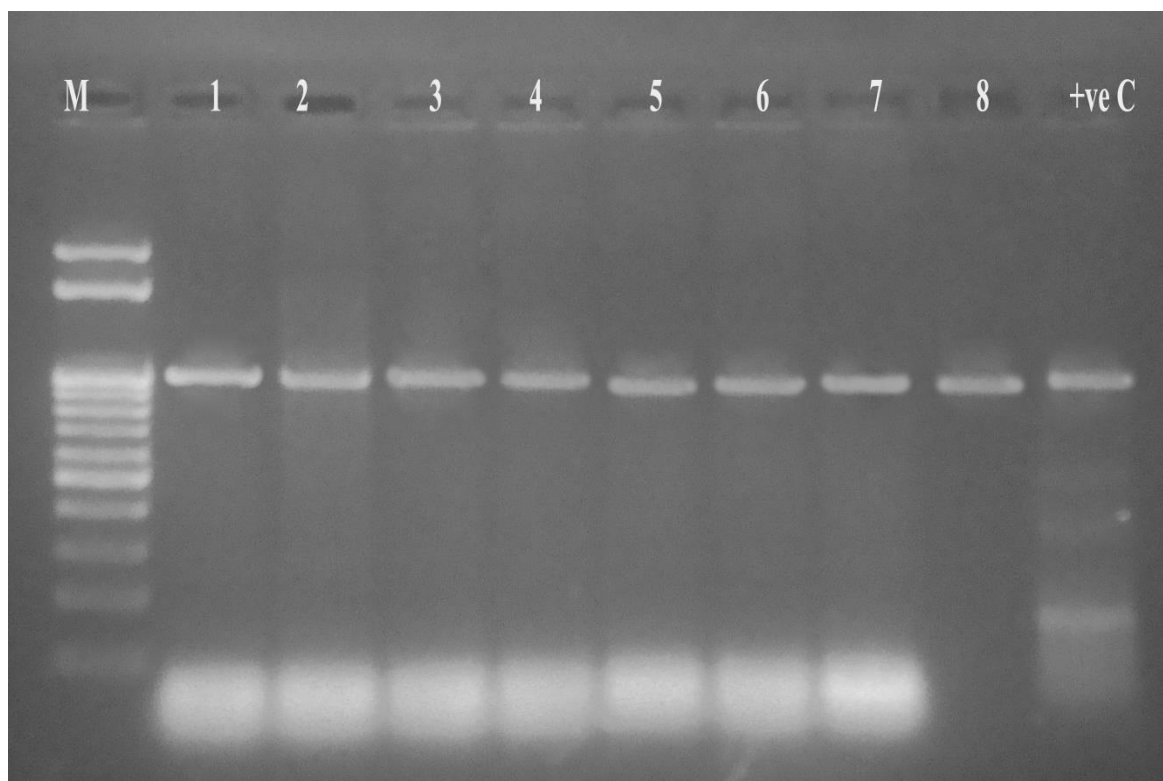


Fig.2; PCR amplification of genomic DNAs of *C. albicans* (lane1 - 8), lane 9; positive control. Lane M; 100 bp molecular size marker

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